

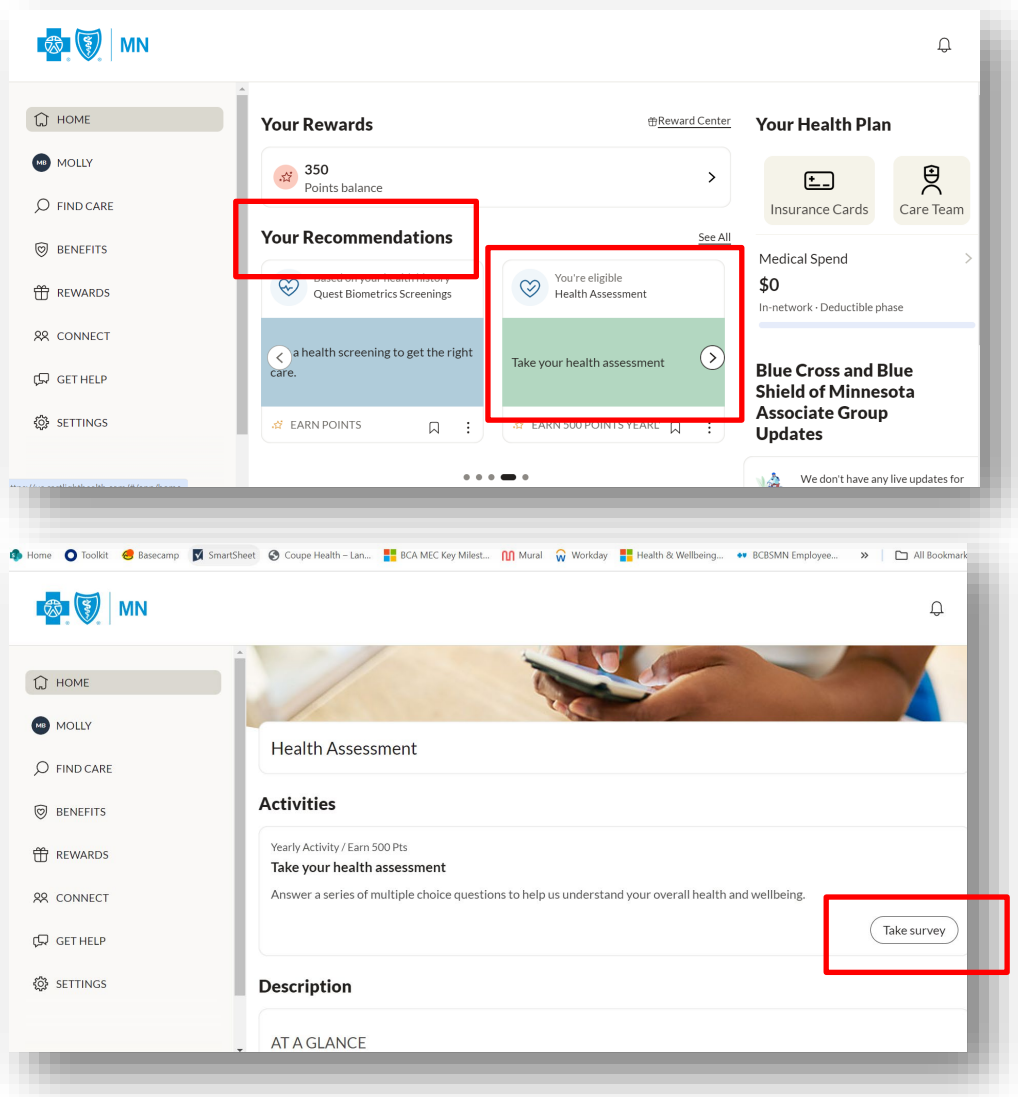
COMPLETING YOUR HEALTH ASSESSMENT

BLUE CARE ADVISOR



Completing your health assessment in Blue Care Advisor will help us better understand your specific health needs and provide you with the most relevant health information, suggestions and benefits.

1. Log in to your Blue Care Advisor account at bluecrossmn.com/BCA
2. On your home screen, you will see **Your Recommendations**. If you have not yet completed your Health Assessment, you will see it there. Click on **Take Survey** to complete:



3. Once you complete your health assessment, you will be able to view your report. Based on your answers, the report will highlight some areas to focus on, suggestions on things to consider, and where you're on track.

