



Insured and/or administered by:  
Cigna Global Insurance Company Limited

**Sierra College**  
Benefits at a Glance  
Global Plan for all covered Students  
Policy # 09842A  
Plan Start Date August 1, 2023

**This plan provides minimum essential coverage.**

NOTE: This information is a general description of benefits and is not a contract. Refer to your certificate booklet for complete details of coverage and exclusions. If there is any difference between this summary and the certificate, the information in the certificate will apply. Please note that your plan does not cover expenses for services which are not medically necessary.

Cigna Global Customer Service		
<b>Toll Free Telephone Number:</b>	1.800.441.2668	
<b>Direct Telephone:</b>	1.302.797.3100 (collect calls accepted)	
<b>Toll Free Fax Number:</b>	1.800.243.6998	
<b>Direct Fax Number:</b>	001.302.797.3150	
<b>Secure Website:</b>	<a href="http://www.CignaEnvoy.com">www.CignaEnvoy.com</a> . Registration is Required (See member kit for registration information.) Secure email available at this site.	
<b>Mail Delivery:</b>	Cigna Global Health Benefits P.O. Box 15050 Wilmington DE 19850-5050 U.S.A.	Cigna Global Health Benefits 300 Bellevue Parkway Wilmington DE 19809 U.S.A.

**General Plan Provisions - All Amounts in U.S. Dollars**

Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Area of Cover</b>	Worldwide		
<b>U.S. Medical Network</b>	OAP		
<b>Eligibility</b>	Refer to eligibility definition in the certificate		
<b>Lifetime Maximum</b>	\$1,000,000		
<b>Annual Maximum</b>	\$500,000		
<b>Policy Year Deductible</b> · Per Individual	\$0	\$0	\$0
· Per Family	\$0	\$0	\$0
<b>Coinsurance</b> (The percentage of covered expenses the plan pays)	100%	100%	80%
<b>Out-of-Pocket Maximum</b> · Per Individual	\$0	\$0	\$2,000
· Per Family	\$0	\$0	\$4,000



Global Medical Plan	
<b>Deductible Calculation</b>	Claims for a family member are covered at plan coinsurance: <ul style="list-style-type: none"> <li>• When that family member satisfies the Individual Deductible</li> <li>-OR-</li> <li>• When the Family Deductible is satisfied regardless of whether or not the Individual Deductible is satisfied.</li> </ul>
<b>Out-of-Pocket Calculation</b>	Claims for a family member are covered at 100% coinsurance: <ul style="list-style-type: none"> <li>• When that family member satisfies the Individual Out-of-Pocket Maximum</li> <li>-OR-</li> <li>• When the Family Out-of-Pocket Maximum is satisfied regardless of whether or not the Individual Out-of-Pocket Maximum is satisfied.</li> </ul> Out-of-Pocket will: Exclude deductible payments; Exclude copay payments; Exclude pharmacy copays; Include pharmacy coinsurance payments; Exclude Pre-Admission Certification/Continued Stay Review penalties.
<b>Network Accumulation</b>	Plan Deductible, Out-of-Pocket, maximums and service specific maximums (dollar and occurrence) will cross-accumulate across international and domestic networks.
Certification Requirements - For services rendered inside the United States	
Precertification for inpatient and outpatient services received in the U.S. may be required. <ul style="list-style-type: none"> <li>• Providers must call our toll-free number, 1.800.441.2668 to pre-certify services.</li> <li>• You or your dependents are responsible for ensuring that Out-of-Network providers pre-certify services.</li> <li>• Failure to obtain precertification may affect Out-of-Pocket costs.</li> <li>• This is a summary only and further details can be found in the certificate booklet.</li> </ul>	



	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Physician's Services</b> · Physician's Office Visit · Surgery Performed In the Physician's Office	100%	100%	80%
<b>Student Health Center</b> (if applicable)	Not Covered	Not Covered	Not Covered
<b>Preventive Care</b> · Routine Preventive Care · Policy Year Maximum: \$1,000 · Immunizations	100%	100%	80%
<b>Travel Immunizations</b> (Immunizations as required for travel)	100%	100%	80%
<b>Mammograms, PSA, PAP Smear and Colorectal Cancer Screenings</b>	100%	100%	80%
<b>Inpatient Hospital</b> · Inpatient Hospital - Facility Services · Inpatient Hospital Physician Visits/Consultations · Inpatient Professional Services (Surgeon, Radiologist, Pathologist, Anesthesiologist)	100%	100%	80%
<b>Outpatient Services</b> · Outpatient Facility Services · Outpatient Professional Services	100%	100%	80%
<b>Emergency Room</b>	100%	100%	100%
<b>Urgent Care Services</b>	100%	100%	80%
<b>Ambulance</b>	100%	100%	100%



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Laboratory Services</b>			
· Physician Office Visit	100%	100%	80%
· Outpatient Facility	100%	100%	80%
· Laboratory Services at an Independent Lab facility	100%	100%	80%
<b>Radiology Services</b>			
· Physician Office Visit	100%	100%	80%
· Outpatient Facility	100%	100%	80%
<b>Advanced Radiology</b> (i.e., MRIs, MRAs, CAT Scans, PET Scans)			
· Physician Office Visit	100%	100%	80%
· Inpatient Facility	100%	100%	80%
· Outpatient Facility	100%	100%	80%
<b>Short-Term Rehabilitation</b>			
· Physician Office Visit	100%	100%	80%
· Outpatient Hospital Facility	100%	100%	80%
Policy Year Maximum:	20 Days for all Therapies Combined		
<p>The limit is not applicable to Mental Health and Substance Use Disorder conditions.</p> <p><b>Note:</b> The Short-Term Rehabilitation Therapy maximum does not apply to the treatment of Autism</p> <p><i>Includes:</i> Cardiac and Pulmonary Rehab, Speech, Occupational, Cognitive, and Physical Therapy / Physiotherapy.</p>			



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Chiropractic Care</b> Policy Year Maximum: \$500	100%	100%	80%
<b>Maternity Care Services</b>			
· Initial Visit to Confirm Pregnancy	100%	100%	80%
· All subsequent Prenatal Visits, Postnatal Visits and Physician's Delivery Charges (i.e. global maternity fee)	100%	100%	80%
· Physician's Office Visits in addition to the global maternity fee when performed by an OB/GYN or Specialist	100%	100%	80%
· Delivery – Facility			
· Inpatient Hospital	100%	100%	80%
· Birthing Center	100%	100%	80%



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Infertility Services</b> · Physician Office Visit and Counseling · Lab and Radiology Tests · Inpatient Facility · Outpatient Facility	Diagnosis of Infertility is covered under general Physician Office Visits. Coverage will be provided for the following services:		
	Not Covered	Not Covered	Not Covered
	Not Covered	Not Covered	Not Covered
	Not Covered	Not Covered	Not Covered
	Not Covered	Not Covered	Not Covered
<b>Hearing Exam</b> · 1 Exam Every 24 Months	100%	100%	80%
<b>Hearing Device / Aids</b>	Not Covered	Not Covered	Not Covered
<b>Dental Care</b> Limited to changes made for a continuous course of dental treatment started within six months of an injury to teeth · Physician Office Visit · Inpatient Facility · Outpatient Facility · Policy Year Maximum: \$2,500	100%	100%	80%
	100%	100%	80%
	100%	100%	80%
<b>Mental Health</b> · Physician Office Visit · Inpatient Facility Maximum: (combined with Substance Use Disorder) · Outpatient Facility Maximum: (combined with Substance Use Disorder)	100%	100%	80%
	100%	100%	80%
		30 Days	
	100%	100%	80%
		30 Visits	
<b>Substance Use Disorder</b> · Physician Office Visit · Inpatient Facility Maximum: (combined with Mental Health) · Outpatient Facility Maximum: (combined with Mental Health)	100%	100%	80%
	100%	100%	80%
		30 Days	
	100%	100%	80%
		30 Visits	



<b>Prescription Drug Benefits</b>		
<b>International (Outside of the U.S.)</b>		
<b>Purchased outside the United States</b>	No Charge	
<b>Purchased Inside the United States Only</b>		
<b>Benefit Highlights</b>	<b>Network Pharmacy (U.S. In-Network)</b>	<b>Non-Network Pharmacy (U.S. Out-of-Network)</b>
<b>Prescription Drug Products at Retail Pharmacies</b>	<b>The amount you pay for up to a consecutive 30-day supply</b>	
<b>Tier 1 - Generic Drugs on the Prescription Drug List</b>	No charge after you pay the \$15 copay	In-Network Coverage Only
<b>Tier 2 – Brand Drugs designated as preferred on the Prescription Drug List</b>	No charge after you pay the \$50 copay	In-Network Coverage Only
<b>Tier 3 – Brand Drugs designated as non-preferred on the Prescription Drug List</b>	No charge after you pay the \$75 copay	In-Network Coverage Only
<b>Prescription Drug Products at Home Delivery Pharmacies</b>	<b>The amount you pay for up to a consecutive 90-day supply</b>	
<b>Tier 1 - Generic Drugs on the Prescription Drug List</b>	No charge after you pay the \$45 copay	In-Network coverage only
<b>Tier 2 – Brand Drugs designated as preferred on the Prescription Drug List</b>	No charge after you pay the \$150 copay	In-Network coverage only
<b>Tier 3 – Brand Drugs designated as non-preferred on the Prescription Drug List</b>	No charge after you pay the \$225 copay	In-Network coverage only
<b>Pharmacy Plan Features for Prescriptions Drugs Purchased Inside the United States Only</b>		
<b>Prescription Drug List</b>	Performance 3-Tier	
<b>Dispense As Written</b>	If you request to fill a brand name drug that has a generic equivalent available, you will be financially responsible for the difference in cost between the brand name and the generic drug, plus any required brand name drug copayment and/or coinsurance, if applicable. However, if your doctor has determined a generic drug is not an acceptable alternative for you, you will only be responsible for payment of the appropriate brand name drug copayment and/or coinsurance, if applicable	
<b>Utilization Management</b>	Your plan features drug management programs and edits to ensure safe prescribing, and access to medications proven to be the most reliable and cost effective for your medical condition	
<b>Step Therapy</b>	Certain drugs are subject to step therapy requirements. To identify whether a particular drug is subject to step therapy, please refer to your prescription drug list.	
<b>Prior Authorization</b>	Coverage for certain drugs require your Physician to obtain prior authorization from Cigna. To identify whether a particular drug requires prior authorization, please refer to your prescription drug list.	
<b>Quantity Limits</b>	Includes maximum daily dose edits, quantity over time edits, duration of therapy edits, and dose optimization edits	
To see if your medication is covered, you can view Cigna's Prescription Drug List by going to <a href="http://www.Cigna.com/druglist">www.Cigna.com/druglist</a> and select "Performance 3-Tier". <b>Policy year maximum of \$10,000.</b>		



<b>Global Evacuation Plan</b>	
<b>Toll Free telephone number</b>	1.800.441.2668
<b>Emergency Medical Evacuation</b>	100% of covered expenses for approved services.
<b>Family Travel Arrangements</b>	Roundtrip Airfare at Economy Rates to the place of hospitalization for 1 Family Member for hospitalizations in excess of 7 Days
<b>Return of Dependent Children</b>	One-way Airfare at Economy Rates to return dependent children to country of residence
<b>Repatriation of Mortal Remains</b>	100% coverage

<b>Global Telehealth</b>	
<b>Teladoc Health International</b>	<p>Available 24/7 via the Cigna Wellbeing App, Global Telehealth gives you access to licensed doctors around the world.</p> <ul style="list-style-type: none"><li>• Video or phone consultations with licensed doctors when medically necessary</li><li>• Prescriptions for common health concerns when medically necessary and permitted</li><li>• Treating medical conditions like fever, rash, pain and more</li><li>• Assistance with preparations for an upcoming consultation</li><li>• Discussing medication plan and potential side effects</li><li>• Diagnosing non-emergency health issues ranging from acute conditions to complex chronic conditions</li></ul>